

(One of these...)

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I delight that...

...I don't have to put my faith in self-inflicted punishment. No matter how bad I make myself feel it won't ever pay the price for my sin—I love that I can trust the power of the cross of Christ. Jesus paid with His blood so I wouldn't have to...

...I don't have to punish myself when I sense that my humanity is not enough—I don't have to be! God designed me inadequate so that I would depend on Him. Lord, I love Your nearness as my adequacy—You are what makes me enough...

...I don't have to hurt myself—even when I sense that something is wrong with me. I will trust God—not myself. No amount of self-inflicted pain will ever earn justice for what I do wrong—Jesus You paid the price...

...no matter how long I suffer from self-directed anger and condemnation it would never be enough—I will trust God. The power of the cross is stronger than my sin. The Lord is my righteousness. The payment He made is complete...

“...the anger of man does not achieve the righteousness of God.” (James 1:20).

...the pressure isn't on me to punish myself. I don't have to put my faith in how well I make payment for sin. I can rest confidently in the Lord—without having to punish myself. The power of the payment He made is more than enough...

...it does not pay the price for my sin to wallow in pain from self-condemnation—even when others feel I did something wrong. I will trust the power of the blood of Christ. The condemnation Jesus suffered from people is enough for me...

...I don't have to punish other people in order to make them pay the price for what they do wrong—Jesus paid the price for their sin too...

(And then this...)

...I grab my soul and I turn it away from my having to make payment for what I do wrong! The pain Christ suffered is enough. Lord, I love You for making payment for my sin—I can draw near to God...

(And then one of these...)

...Jesus You took the punishment for my sin—You died so that I wouldn't have to. Lord, I love the power of the cross...

“...having forgiven us all our transgressions...[He] canceled out the certificate of debt...against us...having nailed it to the cross.” (Col. 2:13,14).

“and He Himself bore our sins in His body on the cross, so that we might die to sin and live to righteousness; for by His wounds you were healed.” (1 Peter 2:24).

“For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God...” (1 Peter 3:18).

“...He loved us and sent His Son to be the propitiation for our sins.” (1 John 4:10; propitiation = payment).
“and He Himself is the propitiation for our sin...” (1 John 2:2).

...I rejoice that the payment You made was enough. You paid with pain and with Your blood so I wouldn't have to...

“...I trust in your unfailing love; my heart rejoices in your salvation.” (Psa. 13:5 NIV).

“...soul...my hope is from Him. He only is my rock and my salvation, My stronghold; I shall not be shaken. On God my salvation and my glory rest; The rock of my strength, my refuge is in God.” (Psa. 62:5-7).

“God is not a man, that He should lie...” (Num. 23:19).

...I can have *peace* by trusting in the power of the payment You made for me. Lord, I love You...

“Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,” (Rom. 5:1).

Rather than making payment myself, “...God, You are my confidence...” (Psa. 71:5).

(One of these...)

I delight that...

...I don't have to punish myself when I sense that my humanity is not enough—I don't have to be! God designed us to be inadequate so that we would depend on Him. Lord, I love your nearness as my adequacy...

...It doesn't hide me from God to harden myself by self-condemnation—it is right and it works better for me to trust the power of the cross...

...hiding from God until I think I have felt enough pain from self-condemnation will never justify what I do wrong...

...I don't have to put my faith in how much pain I feel from self-hate—Lord, I love that it is safer for me to trust You...

...I don't have to punish myself for my human inadequacies. I can rest in the truth that my humanity will never be enough—it doesn't have to be because God is my adequacy (2 Cor. 3:5). Lord, I love that You want to be my God...

(And then this...)

...I delight to turn away from making myself feel bad in order to make payment for what I have done wrong. The power of the death of Christ is greater than my sin. I turn my soul away from trying to improve by self-condemnation—Jesus already paid the price. Lord, I love Your grace to forgive...

(And then one of these...)

...Heart hear this: Jesus took the punishment for my sin...

“For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God...” (1 Peter 3:18)

“...He Himself is the propitiation for our sin...” (1 John 2:2)

...the pain You took on Yourself is justice enough for my sin...

“Surely our griefs He Himself bore, And our sorrows He carried...He was pierced through for our transgressions, He was crushed for our iniquities; The chastening for our well-being fell upon Him, And by His scourging we are healed.” (Isa. 53:4,5)

“...we have believed in Christ Jesus, so that we may be justified by faith in Christ and not by the works of the Law; since by the works of the Law no flesh will be justified.” (Gal. 2:16)

“For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes...” (Rom. 1:16)

“But to the one who does not work, but believes in Him who justifies the ungodly, his faith is credited as righteousness,” (Rom. 4:5)

...I don't have to wait to come to You because You are my good. I welcome Your presence...

“...none of those who take refuge in Him will be condemned.” (Psa. 34:22)

“...the nearness of God is my good; I have made the Lord God my refuge...” (Psa. 73:28)

“...the Lord is our righteousness.” (Jer. 33:16)

“...the Lord...loves righteousness...” (Psa. 11:7)

“...You, O Lord, are...my glory...” (Psa. 3:3 TAB)

“I love You, O Lord, my strength.” (Psa. 18:1)

“...O Lord God, You are my confidence...” (Psa. 71:5)...

“...the Lord takes pleasure in His people...” (Psa. 114:4)

“...great is your love toward me...” (Psa. 86:13)